

Practice Made Perfect

OnHand: The Physical Therapy Clinician's Kit

OnHand is the convenient and practical way for you to stay organized while saving time, money, and energy—no matter what your practice setting!

The 12" x 17" x 4" case has sturdy handles and a comfortable shoulder strap. **OnHand** unzips and lays flat to reveal 28 fitted compartments.

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Clinician Bag only

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*Plus applicable sales tax in Florida and North Carolina.

The standard **OnHand** kit includes a professional carrying case and a complete set of 13 standard, high-quality instruments:

- 3M Littman Lightweight Stethoscope
- Buck Neurological Hammer
- Omrom Aneroid Sphygmomanometer
- Retractable 6' Tape Measure
- 60" Cloth Gait Belt
- Lister 5 ½" Bandage Scissors
- 180° Goniometer (6")
- 360° Goniometer (8")
- Allen Wrench Set
- Adjustable 6" Wrench
- 4-in-1 Screwdriver
- Thera-Band® Prescription Pack
- Pen Light



Four easy ways to get your hands on **OnHand:**

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Assessing Competence: A Resource Manual

An Invaluable Tool for Employers and Clinicians

Designed to help both employers and physical therapists, this resource manual features reviews of eight of the most common methods for measuring competence:

- Case report
- Chart review
- Outcome measurements
- Employee performance appraisal
- Portfolio review
- Key-feature problems/examinations
- Self-assessment
- Competence checklists
- Proficiency Testing

Assessing Competence provides samples and updated references and resources.

Employers can use the manual to develop methods for assessing their employees' performance. Clinicians can use it to evaluate the strengths and weaknesses of their practices. As a self-assessment tool, it can help guide your professional development now and in the future.

Assessing Performance.

Evaluating Strengths & Weaknesses.

Guiding your professional development now and in the future.



Order No. E-60

Regular Price: \$87.00

APTA Member price: \$51.95

To order, call APTA's Member Services Department at 800/999-APTA (2782), ext 3395, Mon-Fri, 8:30 am-6:00 pm, Eastern time, or order online at www.apta.org.

Cold Therapy

Performance Health Inc



Cryospray, a new no-touch, hygienic method of application for Biofreeze, is designed to be particularly beneficial for acute conditions involving severe muscle spasms of the lower back, upper back, or neck. The spray can be applied

before treatment to allow for a faster relaxation of muscle involvement and to enhance treatment response. It also is suitable for home use.

www.biofreeze.com

Exercise Equipment

Tri W-G



The Bariatric Parallel Bar unit is designed specifically for patients who are obese and has a maximum weight capacity of 1,000 lb. The bars feature a steel frame, motorized adjustment of height and width, and fingertip controls to accommodate patients of different sizes and bariatric wheelchairs. A non-skid black mat is included.

www.triug.com

Cross Trainer

NuStep Inc



The NuStep TRS 4000 Recumbent Cross Trainer is intended to improve lower-limb impairment, balance, and function in patients with stroke and to assist others who are recovering from health challenges and disabilities. Accessories include the Leg Stabilizer and the WellGrip.

www.nustep.com

Posture Support

OPTP



The Original McKenzie SuperRoll is designed to help retrain for correct sitting posture by providing continual and correct low back support. It features custom, high-resiliency foam and has a plush velour cover that can be easily removed and washed. The detachable elastic strap keeps the roll in place on most chair backs.

www.optp.com

Software

BioEx Systems



Fitness Maker is an integrated software system designed to aid in fitness assessment, testing, goal achievement, and development of fitness programs. The software can create and store records for an unlimited number of clients, provide support for multiple therapists, and flag client health-risk issues. It also offers 20 predefined goals that can be added to or edited by the user.

www.bioexsystems.com

Rotational Platform

OPTP



The Rotational Platform provides a smooth gliding, non-skid surface for closed-chain rotational exercises for the upper and lower extremities. Designed for either seated or standing positions, the platform can be used for hip range-of-motion, tibial rotation, and foot and ankle exercises. The therapist can incorporate resistance bands for added challenge.

www.optp.com

Product News

Exercise and Balance Device

BalanceGym LLC



The BalanceGym allows active older adults and those with balance problems to participate in individual and group exercise programs designed for fall prevention; balance training; muscle strengthening; and increasing bone density, flexibility, and cardiovascular endurance. This exercise station is stackable to save space, is height adjustable, and can be rolled to the desired location.

www.thebalancegym.com

Electrode Gel

Parker Laboratories Inc



as transcutaneous electrical nerve stimulation, general monitoring, pediatric monitoring, and other procedures.

www.parkertlabs.com

Parker recommends its Spectra 360 Electrode Gel for all electrotherapeutic procedures. This salt-free gel with “stay-wet” properties is suitable for long-term applications such

Gait Trainer

Biodex Medical Systems Inc



The Gait Trainer 2 treadmill is designed to help patients with acute gait problems. Audio and visual biofeedback prompts proper gait patterns of step length, step speed, and step-length variability to help patients relearn walking through repetition. The treadmill features an easy-to-use color touch-screen display, variable speeds, heart rate monitoring, and data storage for up to 1,000 patients.

www.biodex.com

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